

**Good Company** is a unique, multi-agency collaboration which includes renowned artistic organisations who are experienced in delivering creative programmes for people with dementia and their carers.

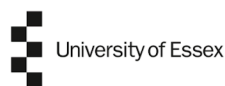
This collaboration of experienced creative providers and key, local support services will ensure that those in the community living with dementia are given greater agency, interaction and engagement with their local communities and services via artistic programmes.

The impact of participating in Good Company will be measured and evaluated by the University of Essex.



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**

ORCHESTRAS *Live*



*Flag image is courtesy of Becky Vincer  
Sinfonia Viva image is courtesy of Offshoot Films*

**Carers  
First**



## Weekly creative club

Helping people living with dementia and their carers to stay active, creative and have fun together

**Every Thursday, 11am - 3pm**

For 8 weeks, starting 12 October 2023

£10 per couple, per week, including lunch and refreshments

**At Brentwood Theatre**

**15 Shenfield Road**

**Brentwood**

**Essex**

**CM15 8AG**





## Join us for 8 weeks of creativity at Good Company. Sessions include...

### Reminiscence Theatre

with Age Exchange



### Dance and Movement

with Green Candle Dance



### Music

with Sinfonia Viva Orchestra



- Increase your fitness, strength and balance.
- Express yourself and increase your confidence.
- Explore memories, family and community heritage.
- Create music inspired by your life.
- Make new friends and get support from services.

If you would like to participate or require further information, please contact Sharon Low from the Alzheimer's Society on 07395 282649.